



WORKSHOP PROPOSAL

General information

Workshops will have a practical, professional and hands on structure. They may take up to two hours, and will be held simultaneously to other workshops. Registration will be needed. Limited places 70-120 attendees.

WORKSHOP Title

Enhancing Dietitian-Nutritionist Autonomy for Professional Expansion and Leadership

WORKSHOP Facilitators:

Lead – Niva Shapira, ICDA Board of Directors

Supported by – Sylvia Escott-Stump, ICDA Board of Directors
 Rekha Sharma, ICDA Board of Directors

WORKSHOP HISTORY:

This workshop is presented here for the first time.

SYMPOSIUM/WORKSHOPS Overview:

The workshop will explain the concepts and requirements for dietitian-nutritionist autonomy, within and beyond the healthcare system, including competencies and science-based knowledge/expertise, system management skills, leadership, responsibility, patient motivation and interdisciplinary collaboration. Shared experiences will be described with regard to the boundaries and limitations that preclude autonomous practice, and the potential to enhance it. Increasing importance of autonomous dietitian-nutritionists is emphasized in the context of new areas of expansion and personalized nutrition/medicine. Examples of success will be shared, analysed, and simulated. Discussion will provide direction to the board on possible actions to develop the vision and foster autonomous practice by dietitians-nutritionists.

SYMPOSIUM/WORKSHOPS Proposal: All details

The background paper that underpins this workshop has been prepared and will be available on the ICDA website. It will also be made available to participants prior to attending.

Proposed Program

Title(s)	Time	Speaker(s)
Opening – outlining purpose of the session and definitions of autonomy	10 minutes	Niva Shapira
Issues with lack of autonomy for dietitian-nutritionists around the world	10 minutes	Rekha Sharma
Facilitated discussions in groups on the issue	30 minutes	All
Feedback from groups	15 minutes	All
Facilitated group discussion: how ICDA can move forward; main issues, perspectives, and concerns	20 minutes	Sylvia Escott-Stump
Determining strategies for ICDA	25 minutes	All
Summary of advice for ICDA	10 minutes	Niva Shapira Rekha Sharma



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17th International
Congress of Dietetics
GRANADA
SPAIN
2016
7, 8, 9 and 10 September

		Sylvia Escott-Stump
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References:

- Bajwa, S. J., S. S. Viridi, S. K. Bajwa, G. K. Ghai, K. Singh, C. S. Rana, J. P. Singh, S. Raj and A. Puri (2010). "In depth analysis of motivational factors at work in the health industry." Ind Psychiatry J**19**(1): 20-29.
- Wahlqvist, M. L. (2013). "Case studies and evidence based nutrition." Asia Pac J Clin Nutr**22**(4): 471-473.
- Williams, G. C., M. Lynch and R. E. Glasgow (2007). "Computer-assisted intervention improves patient-centered diabetes care by increasing autonomy support." Health Psychol**26**(6): 728-734.

Pictures of the speakers:

Niva Shapira



Sylvia Escott-Stump



Rekha Sharma





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