



going to **sustainable** eating

SYMPOSIUM/WORKSHOPS/Breakfasts PROPOSAL TEMPLATE

17th International
Congress of Dietetics
**GRANADA
SPAIN**
2016
7, 8, 9 and 10 September

General information

- **Symposiums** can take up to two hours and will offer a strong scientific focus and approach. They
- **Workshops** can take up to two hours and will have a practical, professional and hands on structure. Will be held simultaneously to other workshops. Registration will be needed. Limited places 70-120 attendees.
- **Breakfasts** can take up to one hour and will have an informal set up where all Associations' members - both directors and associates - can discuss a specific scientific or professional subject in an enjoyable and colloquial environment.

Food industry and/or a pharmaceutical company can sponsor the Symposium /Workshop/ Breakfast. Sponsor 's details will be provided as part of the proposal.

SYMPOSIUM/WORKSHOPSTitle/Theme:

Please insert the title/theme of your symposium. Titles will be used in all pre-Congress promotion. Titles must accurately describe the content of your session and be no more than 10-12 words long.

Creating a Community of Evidence-based Dietetics Practitioners

SYMPOSIUM/WORKSHOPS Facilitators: Names and main filiation

**Judy Bauer, BSc, MHSc PhD FDA, Translational Research Lead-
Dietitians Association of Australia**

**Sue Kellie, BSc MSc FBDA, Deputy Chief Executive- British Dietetic
Association**

**Jayne Thirsk, RD, PhD, FDC, Director Practice based Evidence in
Nutrition- Dietitians of Canada**

SYMPOSIUM/WORKSHOPS Presenters: Names and main filiation

**Judy Bauer, BSc, MHSc PhD FDA, Translational Research Lead-
Dietitians Association of Australia**

**Sue Kellie, BSc MSc FBDA, Deputy Chief Executive- British Dietetic
Association**

**Jayne Thirsk, RD, PhD, FDC, Director Practice based Evidence in
Nutrition- Dietitians of Canada**

SYMPOSIUM/WORKSHOPSHistory:

Has the symposium/workshop been held previously? If yes, please describe previous symposium details and rationale for repeating session.

NO



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SYMPOSIUM/WORKSHOPS Overview:

*Insert a short **overview** of your symposium/workshop proposal. If accepted, this information will be used in publications to promote your session. Overview should not exceed 100 words.*

In this rapidly changing world, nutrition and health research grows exponentially. The global dietetic community is also managing many of the same nutritional issues; malnutrition, diabetes, obesity, allergic disease, cancer and pulmonary disease. How does the profession come together to create a relevant and sustainable evidence base that demonstrates the enduring value of dietetics across the world?

Using examples of collaborative work and communication strategies employed in the PEN: Practice-based Evidence in Nutrition system, this symposium will show how the dietitians from across the globe are using the evidence base from different disciplines to develop robust and sustainable evidence and practice guidance for dietitians.

SYMPOSIUM/WORKSHOPS Proposal: All details

In English, with a limit of 800 words: you must include a minimum of 3 references and a maximum of 10 references (will follow the consecutive order in which they appear in the text with the corresponding consecutive numbering in Arabic numerals in parentheses; Vancouver style).

Nutrition and dietetics professionals face a continuing challenge; how to quickly access the rapidly expanding nutrition evidence base and locate the tools and resources necessary to help them apply that evidence to their practice.

The global profession of nutrition and dietetics faces the challenge of providing these systems in a sustainable way.

In this rapidly changing world, there are billions of online searches carried out every day. How does the global nutrition and dietetics profession come together to create a relevant and sustainable evidence base for dietetics across the world? How do we come together and collaborate to develop the evidence base for dietetic practice and tackle



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the global nutrition issues we all face? Traditional methods cannot meet this challenge.

Practice based Evidence in Nutrition (PEN) is an international collaboration that produces a knowledge and practice guidance system for evidence-based dietetic practice that is relevant around the world.

The PEN system:

- **supports learning and practice at all levels from student to advanced and expert.**
- **doesn't stifle practice but rather encourages the advancement of practice through understanding and applying the evidence.**
- **encourages innovation in practice and research to answer the gaps in the evidence.**
- **brings dietitians together to appraise and synthesis the global evidence base and develop global dietetic practice**
- **develops a global community of evidence based practitioners, continually developing the system through feedback and learning and individuals through collaboration and learning together**

***** they are asking for a minimum of 3 references...**

Proposed Program

1.5 hours

Title(s)	Time	Speaker(s)
The evidence base for sustainable evidence based practice	30 minutes	Jayne Thirsk
Harnessing global expertise to create evidence-based practice guidance	30 minutes	Judy Bauer
Community and collaboration; learning together	30 minutes	Sue Kellie



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Please include a picture of the speakers:



Judy Bauer, Sue Kellie, Jayne Thirsk